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Vocabulary words for AFAA Primary Group Exercise Certification Study Guide. (kickboxing, cycling).
3.

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Jun 27, 2013 I filled out the study guide I hope this post was helpful to those of you who are considering getting your group exercise certification through AFAA!

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Aerobics and fitness association of america: apex

Study Materials All certification workshop fees include a corresponding study guide, which will be mailed at the time of registration. Additional resources for each

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