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About the Author. The Isshin-ryu School of Karate has been serving the Hackettstown, NJ community since 1979 under the direction of Hanshi John E. Hughes (9th Degree)

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Isshinryu karate-do (okinawa fighting art)

This site is about Okinawa Karate-do, specifically my practice of Isshinryu. It will cover the fundamentals/Principles of this martial system from my personal

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Isshinryu Karate was developed and introduced in 1954 by Tatsuo Shimabuku on the island of Okinawa. His karate was the offspring of two different systems,

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